



Dr. Dempsey was excited and pleased to be sharing his "words of wisdom" with the ABPW members.

“Power comes from the courage to be authentic.”



ABPW members are paying close attention to every word Dr. Dempsey was saying.

Are you a ‘fiery red,’ a ‘cool blue,’ ‘sunshine yellow’ or an ‘earth green’?



President's Message

Dear ABPW Sisters, Are you a ‘fiery red,’ a ‘cool blue,’ ‘sunshine yellow’ or an ‘earth green’? In a fun exercise, we learned about ourselves and one another in a simple personality quiz from colored cards that identified our traits on good and bad days, during the informative and fun program led by Dr. George Dempsey at our July 3 meeting. Delightful, charming and entertaining, George gave us many words of wisdom during his presentation on “Business Blind Spots” with tips on interacting more effectively in our professional and personal lives. The color coded cards developed by Insights (see www.insights.com) take the personality tests so many use in the hiring process to a fun level and offer a quicker assessment of potential employees.

It's not surprising that many ABPW members identified themselves as ‘red’ with “good day” traits being competitive, demanding, determined, strong-willed and purposeful -- characteristics found in many successful business women. The reverse “bad day” traits of reds are aggressive,

controlling, driving, overbearing and intolerant. It was fun to identify ourselves by color from the “good day” side of the cards, and nod our heads knowingly when we were allowed to turn them over to see ourselves on “bad days”!

“Power comes from the courage to be authentic,” said George, as he encouraged all of us to “claim your power.”

Dr. Dempsey is a clinical and corporate psychologist practicing in Clear Lake, and the author of five books on relationships and business issues which were given as door prizes. The end of his presentation came much too soon and we hope to invite him back!

Another great program is in store for us August 3 when our own Sally Jordan leads our

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ABPW

25 years Honoring our past



M

ABPW members celebrate Melissa's 25 anniversary at Nasa Vision in Webster.

B

Becky Zoch... Chef for a Day

summer reading program discussion, "Listen For the Women's Voices." Don't miss this program, even if you haven't read all the books, as Sally always leads us in discovering more depth in ourselves.

And, this would be another wonderful program meeting to share with prospective members and guests, so please do extend an invitation to your friends and colleagues to visit ABPW on August 3.

Focus on Membership

Speaking of guest meetings, we only have three left this year -- August, September and October, when you may invite someone to learn more about ABPW. Let's encourage guests so that we may begin the membership process for those who qualify. We have a goal of five new members for the 2006 year, as the second part of our theme ". . .Building our Future", and as yet, we have had no applications submitted to our membership committee. We're really falling behind, so I ask you to please encourage those who have visited us this year to submit their application for membership to Carolyn Hibbard.

Let's try to grow by five new members this year! If you need a copy of the application, please go to the private members-only side of our website, theabpw.org, where you can access the form and print copies of it. See you soon. . . *Beverly*

Becky Zoch had a delightful experience as "Chef for a Day" at the famous Brennan's where she created many of Brennan's noted dishes, cooking with Executive Chef Randy Evans, and sharing the six-course gourmet dinner with her family and friends at a beautifully appointed table in the kitchen. A "chef at heart," Becky's passion is cooking and says this memorable experience was a gift from her husband that she'll always treasure.

A Look At ABPW History

"Thinking back," 1991 ABPW President Kay DuBois, wrote that during the 10th anniversary year, she recalls the "energy and vitality that encompassed any room where our membership gathered."

"We were very serious about pursuing the goals of the club. . .and were seeing the results of a decade of concentrated efforts toward making these goals a reality. . .with our members serving in board and highly visible leadership positions," said Kay. "ABPW. . .was recognized as a 'powerhouse' group among the business community."

Membership peaked at 70, and meeting attendance was high, with spirited discussions. The banner that now hangs behind the podium was created to honor the tenth anniversary, and the "bring a guest" meetings were begun that year. Past presidents were honored in September and presented with gifts of crystal bells denoting the anniversary.

ABPW was affiliated with the Houston Federation of Business and Professional Women at that time. ABPW selected past president Helen Mendiola Banks, 1990 president, as its Woman of Excellence for recognition at a Federation Banquet.

"My wish for ABPW in the future," Kay said in the President's Book compiled in 2000, "is that we reach a consensus regarding our purposes, and then apply our collective energies to achieving them."

McWhirter is back in session on August 10.

As we witnessed last year, the first day of school is also a day of big enrollment. We can set up the parent room as usual, but I have a couple of names for the PTA that I can follow up on and see if they want to get their information out. Lots of Ladies came last year.

Here are a couple of examples of the student supplies needs. Only the pre-K is \$10. The rest are \$20. We will have the sign up sheets available at the August meeting. Let's get out and support this worthy cause.

Imagine frightened women fleeing abusive relationships, taking only their children and what little they can grab at that last desperate moment. They frantically leave, fearing for their safety, their lives. With their resources and self-esteem at the lowest point, they seek refuge in a local shelter. And they have nothing for personal grooming and hygiene.



... Building our Future



Day at Brennan's of Houston

For the past several years, ABPW has gathered personal care items and created hygiene bags to give to women at Bay Area Turning Point, the Bridge and Interfaith Caring Ministries.

Named "Social with a Purpose" by then president Carolyn Hibbard, this annual bag-stuffing party, with food and drink, has become one of the highlights of our year. It's a fun event, and very personally rewarding to all who participate..

We will hold our bag stuffing party at the new offices of Durrett Motor Co., on South Shaver, Thursday, September 21, with the early evening time to be announced.

Now is the time to start gathering items for the bags - shampoo, deodorant, tooth brushes, tooth paste, razors, combs, hair spray, lotion, etc., items that all women need and use. Many of us go to the dollar stores to stock up, and we also bring travel size items from our hotel stays, or gather cosmetics samples that we all seem to have.



Let's try to fill at least 100 or more bags! Please let Carolyn know what you plan to bring, and how many of that item you will provide. And watch your e-mail for Carolyn's needs lists and her famous "come on, ladies" words of encouragement. E-Mail: carolyn_hibbard@startoyota.com

Special ABPW Days March

Birthday Wishes

to ABPW Members

on their Special Day

Marilyn Watkins, August 6

Margaret Sucre-Vail, August 22

Jennifer Bowers, August 26

Dorothy Merritt, August 30

THURSDAY, AUGUST 10, 2006

McWhirter for the parents' breakfast

THURSDAY SEPTEMBER 21, 2006

at Durrett Motor Co. for the bag stuffing social to benefit Bay Area Turning Point, and the Bridge;

THURSDAY, OCTOBER 2, AT UHCL

Our 11:30 scholarship luncheon at UHCL that replaces our regular breakfast meeting.

IMPORTANT DAYS TO REMEMBER

ABPW meets at 7:00 A.M. on the First Thursday of every month at the Brentwood Inn (formerly the Holiday Inn - NASA)

Articles/pictures to be published in the next newsletter; need to be sent to Beverly by the 15th of the August so it can go in the production schedule. I realize that images and write-up's for some events may not allow us that much lead time. Please send by e-mail message, attachment, word document, or a pdf. I can also work with publisher files. NO Faxes Please!

Website maintenance has been scheduled for August. Any articles, images, changes, or suggestions etc. must go to Beverly Baldwin for approval and must be submitted by August 15th. We are still looking for website content input.

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Ann Henderson Jennifer Bowers
Jean Burkett

Seeds Committee

Chair Norine Gill
Martha Kennedy Beverly Baldwin
Loretta Anderson Paula Durrett

Linda Tuck Polly Lewis

Carolyn Hibbard Lynette Mason Gregg



The first step towards getting somewhere is to decide that you are not going to stay where you are.

News 'N' Notes



Our deepest sympathy goes to Judith Blanchard and her family on the recent loss of her father, Lloyd Daniel Helseth, 92 1/2, who passed away July 13, after a five

years battle with Parkinson's. Judith and her family gathered in Minnesota to support her 88-year old mother, who had been married for 64 years to the gentleman who loved playing with his grandchildren, card games and silly jokes shared during visits over a cup of coffee.

On a happier note, our congratulations to Judith and Doug Blanchard on the June 9th birth of their second grandchild, Noah Andrew Blanchard. Judith and Doug were in Orlando for the arrival of Noah, weighing in at 9 lbs, 4 ozs, and measuring 21 and 1/4 inches. Judith says, "We Blanchard's have big babies!" Noah was welcomed home by big sister Ellie.

Our Nominating Committee will be formed with president-elect Kathy Scalf as chair during our August meeting. Please consider serving with Kathy to identify potential officers and board members for the 2007 year.

Please keep Lynn Shigekawa, her Dad and her entire family in your thoughts and prayers. Lynn's Dad was diagnosed recently with cancer, and is undergoing treatment in the Georgetown area. Lynn

is clearing her calendar so she can assist her parents during this trying time.

Becky Reitz and her Organizational Development Committee have been hard at work gathering, sorting and organizing our files. They've developed a binder/divider system that will keep things easily organized in the future. Thanks to you all for the great job you're doing! We know it's not an easy one.

The Rose is sponsoring a Caribbean cruise from Galveston in February as fund raiser. A portion of the price will go the The Rose; Royal Caribbean Cruise Lines and Leisure Travel also will make donations to The Rose. More information is available at www.The-Rose.org, or by contacting Dee Lowery at The Rose.

Roberta Gardner tells us that sales have been slow for the Bay Area Turning Point Drive Your Dream fund raiser, with ticket sales closing August 4 at noon. Many of our members have purchased the \$50 (3/\$100) tickets already; but if you haven't, please contact Roberta or Polly Lewis for more information. Tickets are also available by calling BATP at 281-338-7600.

Scholarships Committee

Chair Linda Costanza
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Carolyn Hibbard Lynette Mason Gregg
Beverly Baldwin Loretta Anderson
Ann Henderson Mary Jane Dixon
Becky Reitz

Public Relations Committee

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Diane Vest Norine Jaloway

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